



Personal Skills and Resources

Personal skills and resources include: talents, abilities, time, health, and things you own.

What skills and resources do you and your family have? How can you use these skills and resources to earn more money or to pay less for the things you need? *For example, save money on your food budget by applying for food stamps.*

My/our skills and resources:



To save money, I/we can:

To earn more money, I/we can:

